

# A STORY OF OUR SOULS



REMEMBERING LOVE

BY JODI BURKE

# A Story of Our Souls

Remembering Love

Have you ever questioned what life is about, the meaning of it or who you really are?

We are so connected to our bodies – yet we aren't our bodies, we are so connected to labels, yet we aren't any label either. When we 'die', the body dies, the labels die, but the Soul lives on.

Yet we pay so little attention or know so little about our Soul.

What is it?

Who is it?

Maybe it's time to find out.....!!

Come on a mystical, magical bus ride where seat belts are optional as it may get bumpy from time to time. Where we may crash up against your perceptions, points of views, programs and beliefs.

We are about to head into the unknown, where infinite possibilities and oneness exist.

This is where one can reclaim their own brilliance.

Once we see through the bs, lies and past programs.

Be prepared though – you may never look at your life, your body, your world or your being ever the same again.

Even if it's just a story.....or is it??



Get on the bus and let's go for a magical, mystical ride!

This book is dedicated  
to all who have fallen down,  
forgotten, got lost, felt confused,  
waking up or even just curious.  
It's time to remember,  
The truth of who you be  
And to now go home again.

## *The Calling*

*My eyes popped open,  
I could hear the sound  
Ever so faintly,  
Yet, it felt familiar  
And very inviting,*

*I was drifting off to sleep,  
As I lay in the hammock  
One hot summer afternoon,*

*The breeze gently blowing,  
Taking some of the intensity  
Of the sun's heat away,*

*The sounds of the waves  
Gently caressing the sand,  
Played in the background*

*As I nestled back into sleep,  
Not wanting to get up,  
Surrendering to the moment,  
To the comfortable  
Cocooning of the hammock,  
Letting go of any have to's,  
Should do's and mental noise,*

*To be in the moment  
Of now,*

*I slowly started to drift off again,  
Yet, this time  
It was more of a calling  
As it gently caressed my heart,*

*I felt that familiar feeling  
Come alive,  
Of remembering and knowing  
I was so much more,  
Than this body, this label  
Or this story,  
That I was pretending to be,*

*And in that moment,  
I surrendered  
To the calling of my Soul,*

*Just like an old lover,  
But a kind of love  
I've never felt before,*

*I knew in that moment  
I was home again.*

*- Jodi*



Be willing to step into the unknown.

Read with an open mind and heart.

## Introduction

I had the download of this book come to me one day after I had been sick for 3 weeks, and I knew I had to share it.

It has taken me awhile to understand energy, the soul, and what our purpose is here at a deeper level, and yet I still don't know or understand it all, I'm not sure anyone truly does. This book is just another perspective, weaving things together.

For me for quite some time, there had been a lot going on here that just doesn't make sense to me or, that I don't get and have always been told – 'well that is the way it is', which never really jives with a 'truthseeker'.

I feel I am and I hope you are too.

And, I know we are more than we have been led to believe.

This storyline flowed out of me faster than I could write – like being in the zone so I knew it was at my Souls' urging.

I thought, I wondered how many people don't know about their Soul, like I didn't at one time. They probably aren't connected to their Souls or were confused like I had been. This book was downloaded and written with that in mind making it easier to see and learn as we all do have and are a Soul – we've just forgotten – hopefully this may help!

The purpose in sharing this book now comes at a time, when it seems the world is going crazy.

It is.

It's not what we have been led to believe.

What if.....there really is a Matrix?

What if.....there really is more to reality than you know?

What if .....there is way more of YOU beyond your physical body?

What would it feel like to be free of limitations and constructs so you could be you?

Even though this book is a story with some woo woo and even pictures – there is also Quantum Physics, Science, with truth woven throughout it.

I ask you to read with this book an open mind, open heart and stay in the question.

With much Love & Gratitude  
Jodi

You take the blue **pill**—the story ends,  
you wake up in your bed and believe whatever you want to believe.  
You take the **red pill**—you stay in Wonderland,  
and I show you how deep the rabbit hole goes.  
Remember: all I'm offering is the truth.

- Morpheus  
From the movie The Matrix



**Red** pillers keep reading,  
**blue** pillers – put the book down now  
and I wish you much luck!! 📖

It's time to awaken  
It's time to remember  
It's time to reconnect with your Soul  
It's time to be the Light, Power and Love  
You truly BE

Next time your core beliefs are being challenged,  
try being curious instead of furious.

- Randy Gage

## CHAPTERS

- 1 [Once Upon a Time](#)
- 2 [The Souls](#)
- 3 [The Avatar Suits](#)
- 4 [The Brain](#)
- 5 [Energy Bodies & Centers](#)
- 6 [DNA](#)
- 7 [A Bit About Energy](#)
- 8 [Laws of the Universe](#)
- 9 [Planet Earth](#)
- 10 [Start of the Change](#)
- 11 [The Lost Souls](#)
- 12 [The Approach](#)
- 13 [Lost Souls Transition](#)
- 14 [They Lowered Their Vibes](#)
- 15 [The Fallen Ones](#)
- 16 [Now You Can't Leave](#)
- 17 [The Start of the Take Over](#)
- 18 [There Ain't No Love](#)
- 19 [How Low Can They Go?](#)
- 20 [Did They Really Do This?](#)
- 21 [Still More](#)
- 22 [Borders](#)
- 23 [What is Separation?](#)
- 24 [Time](#)
- 25 [This Just Keeps Goin!](#)
- 26 [They Kept Lowering Their Vibe](#)
- 27 [We Don't Talk About That Here](#)
- 28 [Creativity](#)
- 29 [More Distortions](#)
- 30 [Self Image](#)
- 31 [Slavery](#)
- 32 [The Matrix](#)
- 33 [The Moon & Saturn](#)
- 34 [More Dark Secrets](#)
- 35 [Attention](#)
- 36 [The New Souls](#)
- 37 [Time to Wake Up](#)
- 38 [Dark Night of the Soul](#)
- 39 [The New Start](#)
- 40 [Now is a Good Time](#)
- 41 [Heart Mind Connection](#)
- 42 [What is Love](#)
- 43 [The Pineal Gland](#)
- 44 [What is a Hologram](#)
- 45 [A Souls Purpose](#)

- 46 [Next Incarnation](#)
- 47 [What If](#)
- 48 Self Expression
- 49 The End
- 50 Questions to Ponder



Imagination is more important than knowledge.

- Albert Einstein

**Once Upon a time...**

..... in a galaxy far, far away Source (also known as Creation, The Divine, Creator, God, The Field,

Infinite Intelligence, etc. whatever you wish to call it – Source for this book) wanted to create something new, something different.

Yet it didn't know what.

All it knew was itself.

AS it was only itself in all of the Cosmos.

Source got an awareness that it had never experienced anything outside of itself – in the vast ocean of the cosmos.....it was just itself..... all alone.

Now just to be clear, Source was not lonely at all, maybe bored but definitely not lonely it just wanted to create and have experiences outside of itself. It wanted to experience a contrast, a polarity to Love.

Source thought that it was time to create an experience so it could begin to know itself better.

Source started thinking about what kind of experiences it could create or would like to create. It could choose anything and everything, since there were endless possibilities.

It realized though, that it wouldn't be much fun as there was only itself, it wanted to have interactions.

Source only knew pure Love.

Love was the highest vibration of all frequencies and all frequencies are energies. Frequencies range in vibration.

Everything IS Energy, which means it has a vibration which is a frequency.

Energy is Light and sound waves that carry information – which were also known as light codes. Everything in the Cosmos was created by Source and all was created out of the vibration of Love.

That energy of pure Love was all that Source had ever known, experienced or created from.

Soon, so that Source could start having experiences, and to create more awareness of itself, starting creating more of itself.

Yes, more of itself.

In the Cosmos it was known as a Divine Spark of Energy, maybe the big bang or a little bang each time Source duplicated itself. This new Divine Spark of energy aka Consciousness ,aka Source took form so to say. This form was an unique vibrational frequency that became that Spark Energy's Soul thumbprint, also called blueprint.

Therefore, even though it was still Source or say, a sub-part of Source – it was still Source creatively expressing itself and its uniqueness as that individuated unique frequency.

Unique.

Each divine expression had a code since it was energy. Each and every time.

Yet, all of this is still interconnected to Source.

All of this!

Oneness, with unique expressions, different codes.

As Source started creating more of itself, it was in vibrations of such joy, such delight, such bliss, such love it could hardly contain itself as it had never experienced more of itself before.

Source never realized it could feel even more Love than before. So it kept reproducing itself over and over and over and over again.

And then again!

Each time having more love, more joy and way more fun in the process.

Source stood back in total awe of what it was creating!

Source could not believe that it had never thought of this before!!

Now Source had company.

Even then, Source kept creating.

And this is where it all started.

Wherever you are,  
and whatever you do,  
be in Love.

- Rumi



To realize Oneness,  
You've to realize in  
Frequency, energy  
And vibration.

- Nikil Sivakumar

# The Souls

Those unique vibrational frequencies were given a 'name'.

They were called Souls.

Soon, there were soooo many Souls each with an unique vibrational frequency, so that they stood out as individuated, yet still in the vibration of pure Love and Oneness.

Actually, they were Source, but with a unique frequency, a unique code. One big fluff of energy with points that were little sparks of unique energies that is a Soul.

There were so many, it was like one big happy love fest all filled with joygasms.

Source had an awareness one day that it could and wanted to create something more, something different. It still wanted to experience more of itself through having different experiences.

Source decided to create a game, an illusion so to speak, so that they all could play together at a deeper level.

A game where so many themes and situations were created to be experienced that were a contrast to love. Since there were so many of itself now.

So many experiences to be had.

So many contrasts to experience.

So many Souls to interact with to get different perspectives!

Source was loving this game so far!

Even though Source created itself many times, known as Souls, each Soul had their own unique vibrational frequency yet were still pure Love.

That was their truth.

The Oneness of being unique yet still one with Source.

Since now there were so many unique frequencies aka Souls – they formed what is known as Soul groups or families. Souls that were created close to one another became Soul families to have interactions in the experience.

Within each Soul family, each Soul still stands out with their unique vibrational frequency which is also called the Over Soul or Higher Self. This is the part that is still very connected to Source at all times. Yet, projects its consciousness into the experience.

The Souls who were still energies of Love were creating experiences, so Source could start experiencing more of itself in a variety of ways. Each experience would be different from another Soul's experience due to their uniqueness.

Source was over-the-top excited about this!

When a Soul picks a theme, they then create an experience to try that theme out. The Soul would try many different varieties of that theme, as an example, the theme might be one of trust. They would experience different forms of trust. They would even do it in different timelines (more on that later too).

All the Souls played this game of creating experiences for a while, yet it kind of got boring fast. See since they were basically frequencies of love, that is all they knew, their experiences were rather limited.

They didn't know how to do or be anything else really except Love.

Plus, they recognized one another so easily and effortlessly being Souls that are energies, which are light and sound codes.

They also communicated with each other telepathically and that is instantly.

So, it kind of took the fun out of the game.

They couldn't fool anyone, couldn't cheat (not that they would know how to) and could only unconditionally love one another no matter what!!

The game had to get more exciting!!

Oh, it does!!

Love is the bridge  
between  
you  
&  
everything.

-Rumi

## **The Avatar Suits**

More time went on, who knows how long really as in

Space Time in the Cosmos, there is no time and everything is NOW.

Anyway, Source started to get another awareness that there could be more still. As source looked around, it found that the Souls playing the same game were getting bored. Source thought to itself: 'I'll make this game a little harder, so I can experience more of myself, in even more ways, with more contrast. What if I gave everyone a costume to put on so that they couldn't recognize one another, thought Source?

It would be called their Avatar suit.

The Avatar suit was just a plain drape like piece that each Soul would put on and could take off whenever they wanted to or, had finished what they wanted to experience. Source thought that by doing it this way, they wouldn't recognize one another, at least not right away.

And that is what Source did.

Silly innocent Souls. Since they were all energy, they still could recognize each other immediately. They had no filters keeping them separate from pure Love – filters being judgments, perceptions, beliefs, points of view.

After some time, who knows how long as there is no time in the Cosmos, Source had another awareness. It thought to itself, as it watched them interact, since they still recognized one another, even with the Avatar suits on, that I have to make this harder. Everything was still in the energies of joy, bliss and love, not many new experiences were being created.

No experiences of being a contrast to love.

Polarity, Duality.

Source still wanted to experience more of itself, with contrasts to take the awareness of itself deeper. It decided to make the game a little harder. Source decided to enhance the Avatar body suits with a cool technology so that the experience would seem more real. Source thought about this for a bit, wondering how to create such a thing in order to make the game a little more interesting. It decided that the suits had to have things like senses and all had to be different Avatar suits to make the game seem even more real and even harder to recognize one another.

With their Avatar suits, Source thought, I will give them hair, create parts (bodies), different kinds of Avatars - some short, some tall, some narrow, some wide, some white, some brown, some even darker, some light.

The Avatar suits will be of two different kinds, so the Soul can experience more of the feminine or masculine energies.

Oooh, the hair colors – Source got excited at getting creative with creating colours and different kinds of hair. Curly hair, long hair, short hair, black hair, blonde hair, red hair and so on – such uniqueness, diversity, creativity and beauty.

Source took such pride in all the beautiful Avatar suits it was creating – each one was special.

These suits had to function very well.

Eyes so they can see and to experience the frequencies of seeing how these energies take form into a different kind of energy aka matter, which has a much denser energy.

Ears so they can hear all the different sound frequencies outside of the vibrations of Love, Joy and Bliss. Mouths so they can taste frequencies to explore the pleasures of food, like succulent fruits that grew on land and trees that Source had also created to really make the game seem real and different. Skin so they can touch and have the virtual pleasure of different vibrations and sensations that seem real and pleasurable.

The skin was what kept the Avatar suit all together.

All of it was energy, yet through the five senses that Source had created, the Soul will then better understand different energies in matter form and experience contrast finally in different expressions.

It would have experiences so Source could experience more of itself in many different themes.

What else thought Source as it was so overjoyed with itself at coming up with this.

It didn't want to stop.

Bodies so they can feel and process all the different vibrational frequencies of the themes outside of love.

With each experience the Soul chose to explore a theme, therefore having the body be the processor to decode those frequencies into feelings, emotions and sensations to get a much deeper, richer experience. And, have it all seem so real.

Really real!

Literally, when the Soul was creating an experience, therefore having different emotions outside of Love, the Avatar suit produced a chemical (known as a neuron) that would get sent out throughout the Avatar suit to be able to feel the contrast. Literally, it's a chemical reaction inside the suit. It didn't matter what the emotion was, it could be joy, gratitude, anger, frustration or any other one.

The game was all about creating new experiences that held a contrast vibrational frequency to Love and the Avatar suit would produce the chemical as a response to the experience so it could be felt all over.

The game had to seem real.

Highly empathic, yet also highly aware.

Source kept creating and even created different 'species'.

When the Souls took an incarnation, (term for when they created an experience in the Avatar suits) there was no need for sex as they were whole, balanced and complete in both male/female energies.

They already had orgasmic energies.

Being in states of Love, Joy and Bliss are the orgasmic energies and they had no blocks or filters from being those energies.

Yes, Joygasims were the 'norm'.

Whole body ones.

That is, when the Avatar suit was working perfectly.

Now, they could use the senses to really experience them. Yet for fun, Source gave them the ability to procreate IF they chose to. Also, to experience a deep interacting Love between two Souls, moving energy between them for whole body orgasims.

Why not, it thought.

Which of course, many did try it, since it was fun and felt really, really good while in the Avatar suit.

To simplify the explanation of the Avatar suit with the five senses is like a virtual reality game.

You put on the technology, glasses, gloves etc to play the game that seems so very real.

This was basically the same thing.

A virtual reality game.....

Culture makes people understand each other better.  
And if they understand each other better in their soul,  
it is easier to overcome the economic and political barriers.  
But first they have to understand that their neighbour is  
in the end just like them,  
with the same problems, the same questions.

- Paulo Coelho



Everything IS Energy!!